



## New 5-day intensive course in Public Mental Health now available at Warwick Medical School

### Public Mental Health and Wellbeing: Measurement, Determinants and Promotion 18 - 22 October 2010

Public health is always in the headlines. Rarely a day goes by without a health-related story hitting the news. Increasing support and priority is being given to public mental health and this brings challenges and opportunities for us all as health care professionals.

Knowledge of mental health and wellbeing and an understanding of the social determinants of health on populations are now a crucial requirement for the role of public health practitioners.

If you are engaged in promoting public health then this new Public Mental Health course will provide you with a theoretical and practical grounding in current issues in public mental health, particularly an understanding of the relationship between inequalities and poor outcomes.

This new course for 2010 is the first of its kind in the UK and draws on unique research currently being undertaken at the University of Warwick. The development of this module has been sponsored by the West Midlands Teaching Public Health Network and is supported by the National Mental Health Development Unit Wellbeing Programme.



west midlands teaching public health network



National Mental Health  
Development Unit

#### Who is it for?

The course is designed for professionals with an interest in public and mental health. This would include those working with local authorities, social care, the voluntary/community sectors and public health or mental health services, commissioners and GPs.

#### Study options available

This course is available as a non-accredited CPD course or as a Postgraduate Award.

#### This course covers:

##### Understanding Mental Health and Wellbeing

- Definition and measurement
- Economics of mental health
- Social and cultural determinants
- Race and mental health
- Family influences
- Environmental influences

##### Interventions to Promote Public Mental Health

- Parenting and family focused supports
- School and community based approaches
- Workplace wellbeing
- Wellbeing of older people
- Complementary and alternative approaches
- Suicide prevention
- Recovery and integration
- Primary care mental health
- UK policy context and delivery mechanisms
- Mental Well-Being Impact Assessment (MWIA)

For further information please email:  
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