



New 5-day intensive course in Public Mental Health available at Warwick Medical School

Public Mental Health and Wellbeing: Measurement, Determinants and Promotion
18 - 22 October 2010

Recent national guidance in England such as New Horizon's shared vision for Mental Health 2009, the Foresight Mental Capital and Wellbeing Project 2008 and the Marmot Review 2010 now mean that knowledge of mental health and wellbeing and the prevention of mental illness is becoming crucial for the role of public health practitioners.

These developments add considerably to our understanding of the relationship between inequalities and poor outcomes, and the developing evidence base points to the efficacy of interventions across the life course and in a range of key settings.

Today's public health practitioners need to understand the interplay between mental and physical health, and the impact on healthy lifestyles to ensure the success of a range of public health programmes - including those that aim to prevent heart disease, cancer, and other long-term conditions

If you are engaged in promoting public health then this new Public Mental Health course will provide you with a theoretical and practical grounding in current issues in public mental health.

This new course for 2010 is the first of its kind in the UK and draws on unique research currently being undertaken at the University of Warwick. The development of this module has been sponsored by the West Midlands Teaching Public Health Network and is supported by the National Mental Health Development Unit Wellbeing Programme.



west midlands teaching public health network



National Mental Health
Development Unit

This course covers:

Understanding Mental Health and Wellbeing

- Definition and measurement
- Economics of mental health
- Social and cultural determinants
- Race and mental health
- Family influences
- Environmental influences

Interventions to Promote Public Mental Health

- Parenting and family focused supports
- School and community based approaches
- Workplace wellbeing
- Wellbeing of older people
- Complementary and alternative approaches
- Suicide prevention
- Recovery and integration
- Primary care mental health
- UK policy context and delivery mechanisms
- Mental Well-Being Impact Assessment (MWIA)

Who is it for?

The course is designed for professionals with an interest in public mental health. This would include those working with local authorities, social care, the voluntary/ community sectors and public health or mental health services, including commissioners and GPs.



Entry Requirements

Applicants usually need at least a 2:2 Honours degree from a UK institution or an overseas equivalent in a relevant discipline or disciplines. Applications from students without the required degree but with suitable and relevant work experience may also be considered.

If your first language is not English, you will be expected to obtain one of the following recognised English Language qualifications:

- IELTS (British Council International Testing System) of at least 6.5
- TOEFL (Test of English as a Foreign Language) of at least 600 (paper-based) or 250 (computer-based) or 92 (internet-based iBT)



Recognition of attendance and course assessment

A range of options are available for this module at Warwick Medical School. There is a 4000 word assignment on a relevant topic at the end of the course. Successful completion of the assignment will allow you to gain credits towards a postgraduate qualification. Or you can choose not to undertake the assignment and you can simply attend the course and obtain a certificate of attendance, which may be used to gain recognition of CPD activity.

What is involved?

The module is taught as a five day intensive study block, comprising lectures and group work and supervision. The teaching and learning style is interactive, drawing on both the expertise of teachers from Warwick Medical School, external expert practitioners and from the experience of students.

Fees

You will have the option of completing the module as a non-accredited course or towards a Postgraduate Award.

Non-accredited (Home and EU Students):	£675
Postgraduate Award (Home and EU Students):	£875
Postgraduate Award (Overseas Students):	£1665



To request further information or to apply

Visit www.warwick.ac.uk/go/pg-a-pmh

or contact:

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